



# LIV FACT SHEET

## Daily Smart Multivitamin Smart Nutrition For The Whole Family

### Benefits:

- Exclusive nootropic dietary supplement
- Supports mental clarity
- Promotes positive mood state
- Maximizes mental acuity
- Optimum mental performance at home, school or work\*

Daily Smart Multivitamin with Nootropics is a scientifically-formulated daily source of vitamins, minerals and nutrients specifically designed to support brain function, memory and concentration.

Have you ever noticed the amount of time and money we spend to look good?

But how much do we invest on our most important asset? --our brain

Most of us don't even think about it, maybe until it's too late. Wouldn't it be terrible to have a fit body at 60, but not be able to enjoy life due to mental decline? That is the problem facing millions of Americans.

Have you ever thought at what age mental decline begins? This may shock you, but studies show that mental decline begins early in our 20s. So what can you do to support your bodies most important organ? Leading scientists are discovering nutrients that can help feed the brain and provide nutritional support at a cellular level. Ever heard the word nootropic? Most of us know about vitamins and antioxidants, but most of us are not familiar with nootropics. Nootropics are nutrients that feed the brain, help with memory, mental acuity, and learning skills.

After years of research, Liv has developed a daily supplement formulated with key nootropic ingredients, scientifically shown to help support and nourish healthy brain function. It's called Liv Smart. Liv Smart provides 100% of the daily requirements for vitamins, and increased levels of key vitamins such as vitamin D and B complex.

Why take a multivitamin when you can have the benefits of brain nourishing nootropics plus your daily vitamins. So, if you want to be at your best whether you are a student, working, or enjoying the freedom of your retired years, take two capsules each day and Liv Smart.

Directions for Use: Take 2 capsules daily

Ingredients: Vitamin A (acetate), Vitamin C (ascorbic acid), Vitamin D3, Vitamin E (acetate), Vitamin B1 (Thiamin mononitrate), Vitamin B2 (Riboflavin), Niacinamide, Vitamin B6 (Pyridoxine HCl), Folic Acid, Vitamin B12 (cyanocobalamin), Calcium d-pantothenate, d-Biotin, Magnesium (malate and oxide), Proprietary blend : Turmeric 95% (Curcuma longa), Resveratrol, Bacopa Extract (Bacopa monnieri), Coenzyme Q10, Ginkgo Extract (Ginkgo biloba), Vegetable stearate, Pterostilbene 30%, Huperzine A (Huperzia serrata)